

Copyright © IJCESEN

International Journal of Computational and Experimental Science and ENgineering (IJCESEN)

Vol. 11-No.2 (2025) pp. 2587-2596 <u>http://www.ijcesen.com</u>



Research Article

Formulation And Characterization of Nanolipid Carriers Loaded With Eugenol And Glycyrrhizic Acid: An In Vitro Evaluation Of Their Antimicrobial Potential

Yasmin S. H. Al.joubori^{*1}, Muna T. Al.Musawi², Khalid Kadhem Al-Kinani³

¹ Biology Department, College of Science for women, University of Baghdad, Baghdad, Iraq. * **Corresponding Author Email:** <u>yasmin.salem2102p@csw.uobaghdad.eud.iq</u>- **ORCID:** 0009-0006-9939-9294

² Institute of Genetic Engineering and Biotechnology, University of Baghdad, Baghdad, Iraq Email: <u>muna.t@csw.uobaghdad.eud.iq</u> - ORCID: 0000-0003-3036-2400

² Department of Pharmaceutics, College of Pharmacy, University of Baghdad, Baghdad, Iraq. Email: khalidalkinani@copharma.uobaghdad.eud.iq- ORCID: 0000-0002-1233-8944

Article Info:

Abstract:

DOI: 10.22399/ijcesen.1798 **Received :** 30 December 2024 **Accepted :** 12 April 2025

Keywords :

Eugenol, Glycyrrhizic acid, Clove oil, MDR, Nanoparticles. Natural remedies are increasingly being used to cure and prevent infectious diseases, particularly those caused by multidrug-resistant (MDR) pathogens. These days, medication resistance is a worldwide issue. As a result, having medications on hand that can combat MDR infections is crucial. The spice clove (Syzygium aromaticum) is wellknown for its many biological qualities. Eugenol is the main active ingredient in its essential oil (EO), which also contains other active compounds. However, eugenol's combined action with other components is responsible for the oil's biological effects. The purpose of this study is to examine how eugenol-glycyrrhizic acid extract nanolipid carriers (EGAE-NCL) can combat MDR bacteria that cause infections, illnesses, or problems in humans, including Candida albicans, Staphylococcus aureus, and Pseudomonas aeruginosa. High shear force homogenization was used to create EGAE-NLC nanoparticles, which contained clove oil, licorice extract (glycyrrhizic acid), and clove extract (eugenol). SEM and HPLC were used to verify that EGAE-NLC nanoparticles were crystalline and pure. We concluded that the produced EGAE-NLC nanoparticles were crystalline in nature based on the SEM data. The average size of the EGAE-NLC nanoparticles was between 29 and 71 nm, and they demonstrated strong antibacterial activity. The research results demonstrated EGAE-NLC nanoparticles can inhibit the growth of MDR isolate S. aureus, P. aeruginosa and C. albicans.

1. Introduction

Antimicrobial resistance is a bacterium's capacity to withstand the effects of various antimicrobials. Microbes may become resistant to a medicine that was once effective against them in this kind of resistance [1]. Multidrug resistance (MDR) is the term used to describe this resistance to several medications. microorganisms exhibit a variety of resistance mechanisms, such as acquired resistance from other species, genetic mutation, or innate resistance in some microorganisms to a specific antibiotic [2]. Antibiotic resistance is expanding globally as a result of careless antimicrobial use. Resistance microorganisms are difficult to treat because they necessitate the use of different or stronger antibiotic dosages or the absence or scarcity of effective antibiotics. This is bad for

countries at all stages of development. The World Health Organization (WHO) says that infections that are resistant to multiple drugs, also known termed "superbugs," are among the greatest threats to public health, killing millions of people annually all across the world [3]. With an emphasis on resistant gram-negative bacteria that pose the greatest threat to human health, the WHO published its list of priority diseases (antibiotic-resistance pathogens) [4]. According to the necessity of new antibiotics, the list is separated into three categories: critical, high, and medium priority. Acinetobacter baumannii, Enterobacteriaceae, and Pseudomonas aeruginosa are among the key group of multidrug-resistant bacteria that cause bloodstream infections and serious illnesses including pneumonia in hospitalized patients. One of the most prevalent potentially harmful bacteria,

Staphylococcus aureus, can inhabit many healthy carriers' sites asymptomatically. What a non-nasal transmission, especially in the oral cavity, contributes to the spread of antibiotic-resistant S. aureus strains in the medical field is poorly understood. Increased resistance to several kinds of and last-resort antibiotics first-line is а characteristic of the ESKAPE (Enterococcus faecium, Klebsiella pneumoniae, Staphylococcus aureus, Pseudomonas aeruginosa, Acinetobacter baumannii, and Enterobacter spp.) infections [5].

As an alternative to antibiotics, nanoscale particles (NPs) are being utilized more and more to treat bacterial infections. Antibiotic delivery systems, medicinal materials for wound healing and infection prevention, antimicrobial coatings for implantable devices, and bacterial detection for diagnostic purposes all make extensive use of NPs. Although little is known about antimicrobial mechanisms and their toxicity in real life, oxidative stress induction, metal ion release, and nonoxidative mechanisms are currently recognized methods. Because many simultaneous methods of action against germs would require multiple simultaneous gene mutations in the same bacterial cell for antimicrobial resistance to evolve, it is challenging for bacteria to develop resistance to metal nanoparticles [6,7].

Antimicrobial medication delivery has advanced significantly with the development of nanotechnology, especially nanoparticle engineering, and the growth of our understanding of infectious diseases. The development of different nanoparticle-based delivery platforms, such as liposomes, polymeric nanoparticles, dendrimers, and inorganic nanoparticles, has received a lot of These nanoparticle techniques have attention. demonstrated excellent results in the treatment and detection of bacterial infections by facilitating the responsive, combinatorial targeted. and administration of antibiotics, effective antimicrobial vaccination, and quick bacterial detection. The development of novel, unconventional treatments is required to treat bacterial infections that are resistant to antibiotics because to acquired resistance and/or the production of biofilms. Treatments based on nanomaterials hold promise for treating hard-to-treat bacterial infections since they can circumvent the current pathways linked to acquired drug resistance. In addition, the distinct size and physical properties of nanoparticles enable them to eliminate resistant diseases and target biofilms. Here, we describe the general methods by which nanomaterials target bacteria to manage infections linked to biofilms or acquired antibiotic resistance [3]. Because of their wide range of potential applications in numerous fields.

a wide range of industries, including food, flavoring, cosmetics, pharmaceuticals, agriculture, and many more, are widely known. It is common knowledge of eugenol's pharmacological properties, which include its antibacterial, anticancer, antioxidant, anti-inflammatory, and analgesic effects. In medicine, a variety of eugenol derivatives are used as local anesthetics and antiseptics. Even though it is used for a lot of different things, eugenol has a lot of bad effects, especially if you take more than the recommended amount. It may result in convulsions, nausea, lightheadedness, and an accelerated heartbeat [11]. Clove has broad-spectrum antibacterial properties that work against a variety of pathogens, including bacteria, fungus, and even some viruses. The component responsible primary for these antibacterial properties is eugenol. Bacteria

including Salmonella, Pseudomonas aeruginosa,

Staphylococcus aureus, and Escherichia coli have

nanomaterials have been the subject of extensive research. According to reports, surface effects and small size effects are imparted by the precise particle size of nanomaterials. As a result. nanoparticles have special qualities like photoelectric and thermomagnetic characteristics that set them apart from normal materials [8]. The second generation of lipid nanoparticles, known as nanostructured lipid carriers (NLC), were created to enhance transcellular penetration and drug absorption as well as a number of physicochemical characteristics, including high drug loading capacity, cost-effectiveness, ease of preparation, and thermal stability [9]. A plant that is grown in many nations is the clove

(Syzygium aromaticum L.). Because of its

anesthetic and analgesic properties, as well as its

antibacterial, antifungal, and antioxidant properties,

clove essential oil is utilized extensively. Its

primary constituent, eugenol, which may be found

in the oil at up to 90% concentrations, is largely

responsible for these qualities [10]. Clove oil is

classified as an essential oil. Once thought to be the

"essence" of the plant from which they were

extracted, many of these chemicals are now employed as flavorings and fragrances. Clove oil,

which is made up of several components, is

produced by steam distilling freshly powdered

cloves. Eugenol, the main component, accounts for 85–90% [8].Eugenol is a volatile and bioactive

naturally occurring phenolic monoterpenoid that

belongs to the class of natural chemicals known as

phenylpropanoids. It is typically found in a number of aromatic herbal plants, such as clove, tulsi,

cinnamon, nutmeg, and pepper, despite being

mostly isolated from the clove plant (Eugenia

caryophyllata). Eugenol's numerous applications in

been demonstrated to be inhibited in their growth by it. Additionally, clove essential oil exhibits antifungal properties against a variety of fungal species, such as Trichophyton rubrum, Aspergillus Niger, and Candida albicans. Cloves include eugenol, which has antibacterial qualities that help fight dental infections and lessen foul breath. Because of its antimicrobial properties, clove oil is frequently found in mouthwashes and dental care products [12].

The underground creeping stems of growing licorice (Glycyrrhiza glabra L.), a well-known commercial herb, can be found in southern Europe The food. and eastern Asia. tobacco. pharmaceutical, and cosmetic sectors all make extensive use of the plant's subterranean extract. Applications of licorice in the food business include chewing gum, confections, and the production of a variety of beverages. Numerous medical properties, such as its anti-inflammatory, anticancer, anti-oxidant, anti-ulcer, hepatoprotective, memory-enhancing, hypocholesterolemic, and antidepressant properties [13]. have been investigated relation to licorice. in Glycyrrhizic acid (glycyrrhizin) is a glucosiduronide derivative of 3beta-hydroxy-11-oxoolean-12-en-30-oic acid (C42H62O16) with an amphiphilic structure that is widely used as a sweetener in foods, candies, and other confections. The GA content, a significant index listed in the most significant worldwide pharmacopeia, is used to evaluate the underground portions of the plant employed in various preparations and goods. GA has been shown to have hepatoprotective, antiviral, anti-inflammatory, and anticancer properties.

Additionally, Esmaeili et al. (2024) demonstrated that GA may have therapeutic benefits for liver and skin conditions [12].

This study aims to prepare and investigate the role of eugenol-glycyrrhizic acid extract nanolipid carriers (EGAE) nanolipid carriers to concentration of MDR microorganisms responsible for human disorders, diseases, or infections, such as Pseudomonas aeruginosa, Staphylococcus aureus and Candida albicans.

2. Materials and Methods

2.1 Green methods of EGAE-NLCs synthesis

A Clove (Syzygium aromaticum) and Licorice (Glycyrrhiza glabra) were collected from the local Aera in Baghdad, the plants were kept at room temperature until use, and plants were then classified by College of Science Herbarium / University of Baghdad.

2.2 Preparation and Identification of Eugenol Extract (EE)

A modified method for eugenol extraction were used (13). One-hundred grams of clove was grinding with mortar then add 500 ml ethanol (99.5 %) – water (30:70) for 1 hrs. at 50°C with stirrer after one hour let the mix cool and filter, take 5 ml of filtered and dilute to 50 ml with water (milkycloudy solution). The solution was transferred to a separating funnel and extracted with chloroform take the aqueous layer and evaporate by hot plate [14] Identification and estimation of EE by HPLC technique. Using a Cosmosil C18 analytical column $(150 \text{ mm} \times 4.6 \text{ mm} \times 5 \text{ m})$ kept at room temperature, chromatography separation for the analyte was accomplished. The mobile phase was pumped at a rate of 1 mL/min. Before being used, the mobile phase was degassed in an ultrasonic bath and filtered through a 0.45 m nylon membrane filter. A chromatographic peak was found at 215 nm, the injection volume was 30 mL, and the flow rate was 1.0 mL/min [15].

2.3 Preparation and Identification of Glycyrrhizic Acid Extract (GAE)

Modified method for glycyrrhizic acid extraction 500 mg ethanol: water (70:30) was used to extract a well-ground powder from the dried root of one sample [16]. Thus, after adding the solvents to the powder, it was sonicated for 30 minutes in an ultrasonic bath and stirred for 5 hours at 60 °C. The extracts were centrifuged and fed into the HPLC after going through the filter after being allowed to cool to room temperature [12]. They utilized a 4.6 mm, 250 mm, 5.0 m, Waters, USA, X Bridge C18 column. The mobile phase had a flow rate of 0.8 mL/min and included 7% acetic acid and acetonitrile (60:40, v/v). The injection volume was 20 L for each sample. At a wavelength of 254 nm, glycyrrhizic acid (GA) was observed. The GA summit was located by evaluating its retention duration against standards, and the calibration curves were used to determine the concentration [17].

2.4 Preparation of EGAE-NLCs

Similar high shear force homogenization techniques were employed, albeit with minor modifications to the production process [17]. The EGAE was first weighed and dissolved in 2 milliliters of D.W. A magnetic stirrer was used to thoroughly dissolve 500 mg of Tween 80 (an aqueous surfactant) in 25 mL of distilled water, which was then heated to 50 °C to create the aqueous phase. A water bath was used to heat the lipid phase, which contained 220 mg of liquid lipid and 330 mg of solid lipid (coconut butter), to 50 °C (5 °C over the melting point of C.B.). A high shear homogenizer (Heidolph, Germany) and 250 µl of the solution were then applied to the lipid phase. used a sampler to gradually introduce water and EGAE to the lipid phase while it was being sheared. The lipid phase was then gradually supplemented with the aqueous phase. The resultant emulsion was agitated for an additional 20 minutes at 20,000 rpm in a homogenizer. In order to further reduce the particle size to the nanoscale and distribute it more evenly, it was subsequently moved to a probe sonicator (QSonica Q500, USA). In order to generate irregular lipid crystals, the system was finally chilled [18].

2.5 Analysis of the zeta potential and particle size

The samples were diluted with D.W. twenty times, and the mean particle size (z-average size), polydispersity index (PDI), and zeta potential of the samples were measured in three replications at room temperature (22 °C) using dynamic light scattering (DLS) and a particle size analyzer (Zeta Sizer ultra model, Malvern Instruments Ltd., Worcester, Worcestershire, UK). The samples were diluted twenty times before the DLS data were recorded, and the volume diameter was used to determine the average particle size.

The zeta potential is a method for determining a particle's surface charge in a liquid. The physicochemical properties of the drug, polymer, vehicle, electrolyte presence, and adsorption all affect the value of the zeta potential, which is used to predict dispersion stability. The Malvern Zeta sizer is used to measure it. Zeta potential is measured by diluting a nanoemulsion and estimating its value based on the electrophoretic mobility of oil droplets. According to Changediya et al., a zeta potential of less than 30 mV is thought to be sufficient to ensure the nanoemulsion's physical stability [18-20]. Morphology of EGAE - NLCs: Scanning electron microscopy (SEM)

Thermo Fisher Scientific's SEM was used to examine the surface morphology of samples that had been diluted 20 times with D.W. A thin layer was created on a sterilized lamella by moderately dispersing one or two drops of the diluted material. The lamella was dried and ready for SEM analysis in an incubator set at 45 °C. To determine the sample conductivity prior to viewing, the sample was placed on a brass stub and covered with gold. A 15 kV accelerating voltage was used for SEM [19].

2.6 Biological efficacy of EGAE-NLCs

The effectiveness of EGAE -NLC synthesized, was evaluated against selected clinical isolates of Gramnegative bacteria MDR P. aeruginosa and Grampositive bacteria Methicillin-resistant Staphylococcus aureus (MRSA) and MDR yeast C. albicans for antimicrobial activity. These selected isolates were diagnosis and confirmed by The assessment of Al.joubori et. al., [21]. antimicrobial activity utilized the agar well diffusion method, wherein sterilized Petri plates containing 30 mL of Mueller Hinton agar medium were employed for bacterial isolates and sabouraud dextrose agar for yeast isolate [22]. For the purpose of the evaluation, wells with diameters of 6 mm and concentrations of 100, 75, 50, and 25% were designated as wells A, B, and C, with well D serving as a control. Each well contained 40 L of biosynthesized EGAE-NLCs (5 mM). Well D was not filled as negative control, the mean zone of inhibition (ZOI; mm) was measured in mm for all surrounding wells after a 24 h incubation at 37°C [17].

3. Results and Discussion

3.1 Identification and estimation of Eugenol extract (EE)

The amounts of eugenol using HPLC technique in accordance with eugenol standards are displayed in Figure 1.

To measure the concentration of eugenol, Shafira et al. estimated it using HPLC-UV analysis [13]. The average eugenol concentration of the total oil extracted was greater, according to the results for ethanol 90%.

The correlation coefficient (R2) determined by KANWAL et al. using HPLC was 0.973531. Quantitative estimation revealed 740 parts per million of eugenol. These characteristics demonstrated clove's value as a spice in the agrofood and pharmaceutical industries [23].

3.2 Identification and estimation of Glycyrrhizic Acid extract (GAE)

The concentrations of GAE using HPLC technique in accordance with GA standards are displayed in Figure 2. The HPLC-UV method used by Brovchenko et al. to quantitatively determine GA in commercial licorice roots was evaluated for accuracy, precision (both intralaboratory and convergence), linearity, and specificity [24].





Figure 2. HPLC chromatogram of glycyrrhizic acid

In contrast, Kurkin et al. were created to use HPLC to quantify the amount of GA and licurazide present in licorice roots [25]. the mistake in calculating the 95% confidence level of licurazide and GA in the licorice roots. Glycyrrhizic acid (GA), the primary licorice component, was identified at 254 nm and in typical HPLC chromatograms in another investigation [17].

3.3 Scanning Electron Microscopy (SEM)

Figure 3 depicts the EGAE-NLCs' surface morphology. The crystalline structure of lipids showed the distribution of the nanoparticles. The complex's creation made the EGAE particles invisible. SEM revealed round particles. Additionally, the particle size's narrow distribution was validated by its uniformity. The particles were than 100 nanometers. In microscopic less investigations of nanoparticles containing essential cardamom oil, Keivani et al. discovered spherical particles with a smooth surface and lower particle size than the DLS particle size [26]. Azar et al. demonstrate the OLE-NLC's surface shape and the nanoparticle distribution in the lipid crystal

structure. Because of the complex's creation, OLE particles [18].

3.4 Particle size, PDI and zeta potential

Figure 4 displays the formulations' mean diameter, PDI, and zeta potential. The formulations' mean size was less than 100 nm. Out of all the formulations, NLCs were the smallest (50 nm). The formulation's average size fell between 29 and 80.3 nm. The generated NLCs' PDI values, as displayed in Figure 5, ranged from 0.250 to 0.370, suggesting



Figure 3.: The morphology of EGAE –NLCs determined by SEM

a comparatively broad size distribution. Good compatibility between liquid lipids and CEO as a bioactive material is confirmed by the tiny size of produced NLC systems. Smaller particles are typically produced as liquid lipid's viscosity drops. Reduced particle size will result in increased solution clarity, colloidal stability, and specific surface area, all of which will raise Figure 4 displays the formulations' mean diameter, PDI, and zeta potential. The formulations' mean size was less than 100 nm. Out of all the formulations, NLCs were the smallest (50 nm). The formulation's average size fell between 29 and 80.3 nm. The generated NLCs' PDI values, as displayed in Figure 5, ranged from 0.250 to 0.370, suggesting a comparatively broad size distribution. Good compatibility between liquid lipids and CEO as a bioactive material is confirmed by the tiny size of produced NLC systems. Smaller particles are typically produced as liquid lipid's viscosity drops. Reduced particle size will result in increased solution clarity, colloidal stability, and specific surface area, all of which will raise [25].



Figure 4. Particle Size of EGAE –NLCs

In the absence of other inhibitory variables like high viscosity and steric hindrance, colloids containing particles with low zeta potential

(positive or negative) will be extremely prone to coagulation and aggregation. The zeta potential of the EGAE-NLCs was -35 mV. In suspensions with a zeta potential greater than 30 mV, aggregation is [27]. Greater stability of the nanocarriers is caused by a higher zeta potential because it increases the repulsive force between nanoparticles [28]. Therefore, the long-term stability of nanoparticles may be significantly influenced by electrostatic repulsion [29]. When producing NLC systems with vegetable oils, Manea et al. found that the zeta potential ranged from -30 to -58. Systems with Tween 80 had a lower zeta potential than systems without Tween 80 [30]. According to Azar et al., (2021) the hydrogel particles that were produced and contained OLE-NLC had a zeta potential of -23.9 mv, which indicated that they were negatively charged and had a lower zeta potential than the OLE-NLC particles. Because the pectin displayed its negative charge, it's possible that the interaction between the OH groups of oleuropein and the amine groups of sodium caseinate in the NLC surfactant layer neutralized the sodium caseinate's positive charge [18].

3.5 Antimicrobial activity of EGAE-NLCs

As illustrated in Table 1, the results demonstrated that the producer of EGAE-NLCs via eugenol and glycyrrhizic acid extracts at all concentrations were actively targeting specific clinical isolates of Grampositive bacteria Methicillin-resistant Staphylococcus aureus (MRSA) and Gram-negative bacteria MDR P. aeruginosa as well as MDR yeast C. albicans. At 100 mg/ml, EGAE-NLC



demonstrated S. auras, and the extract's zone of inhibition (ZOI) measured 24 mm. The extract for P. aeruginosa displayed a ZOI of 26 mm. After treatment, C. albicans showed a zone of inhibition measuring 25.9 mm. Bai et al. claimed that eugenol may effectively inhibit the growth of S. aureus [31], At a dose of 1000 µg/mL, eugenol has been found to inhibit P. aeruginosa growth (NEJAD et al.). The full inhibitory action against these bacteria is demonstrated at 2000 µg/mL [32]. Sawatphakdee et al. demonstrate that clove oil inhibits S. aureus growth more effectively than the tested drugs [33]. The antibacterial efficacy of AgNPs derived from S. aromaticum leaf extract at 50 mg/mL was evaluated in another investigation, revealing a 25 mm and 23 mm zone of inhibition against P. aeruginosa [34]. Using eugenol extract, da Silva et al. demonstrated that the inhibition zones against E. coli, P. aeruginosa, S. aureus, and C. albicans had diameters of 13.70.8 mm, 11.50.5 mm, and 10.80.8 mm, respectively, in a different study [35], while eugenol was active (inhibition halo 12) [36], against P. aeruginosa. Research showed that eugenol had antibacterial efficacy against S. aureus strains, displaying inhibitory halos that measured 7.75 mm in diameter [37]. According to Rodino et al. [38], the majority of GAE's pharmacological effects also include antimicrobial activity, which inhibits bacterial infection by reducing bacterial growth, gene expression, and microbial toxins produced. Long et al. demonstrate that GA inhibits the growth of methicillin-resistant Staphylococcus aureus (MRSA) both in vitro and in vivo by lowering the expression of important staphylococcal virulence factors like hla and saeRS. [39]. Significant antibacterial activity was demonstrated by the alcoholic extract from G. glabra roots, which developed areas of growth inhibition against B. cereus, P. fluorescens, E. coli, and S. aureus [40]. Another study that used GA extract the impact of GA on Pseudomonas aeruginosa was examined by Yoshida et al. [38]. In addition to providing perspectives on the development of versatile nanoplatforms to overcome some limiting physicochemical properties and to enhance the therapeutic benefits of GA, Nascimento and Araújo summarize the pharmacological activities of GA and its beneficial effects against various health problems [40]. The hydrothermal approach was used to synthesis GA-NPs, as demonstrated by Rijo et al. The spherical shape of GA-NPs with a diameter of 50 nm was validated bv demonstrating characterization, the high bactericidal efficacy of GA nanoparticles against MRSA and S. aureus [41]. The bactericidal effect of derivatives of glycyrrhizic acid has been emphasized in earlier investigations. At high concentrations (above 62.5 mg/L), GRA was shown to be effective against [42]. According to the current findings, generated EGAE-NLCs efficiently inhibited the development of S. aureus, P. aeruginosa, and C. albicans. As a result, they may be used as a natural antibacterial agent to control diseases caused by these three pathogens. The zones of inhibition seen against different pathogens demonstrate, in conclusion, that the EGAE-NLC solution has antibacterial and antifungal qualities. Although the plant extract's efficacy differed depending on the pathogen, it generally showed strong antibacterial activity.

 Table 1. Antimicrobial activity of EGAE–NLCs against

 pathogenic microorganisms

EGAE-NLCs	Zone of inhibition (ZOI) (mm)		
Concentration	MRSA	MDR P.	MDR C.
		aeruginosa	albicans
25 mg/ ml	14 mm	17 mm	16 mm
50 mg / ml	19 mm	21 mm	18 mm
75 mg/ml	21mm	23 mm	22 mm
100 mg/ml	24 mm	26 mm	25.9 mm

4. Conclusion

Using the hot-high shear homogenization process, EE and GAE were encapsulated in nanolipid carriers (EGAE-NLCs) in this study. HPLC analysis revealed a high concentration of the active ingredient in the nano-emulsion. This technique worked well for producing EGAE-NLC, which reduces particle size to less than 100 nm at the nanoscale. When EGAE-NLCs' antibacterial ability was evaluated in vitro, it clearly inhibited the growth of multidrug-resistant isolates (MRSA, MDR P. aeruginosa, and MDR C. albicans) following a 24-hour incubation period at varying concentrations. MRSA was detected by EGAE-NLCs at 100 mg/ml, and the extract showed a zone of inhibition (ZOI) of 24 mm. The extract for MDR P. aeruginosa displayed a ZOI of 26 mm. The zone of inhibition for MDR C. albicans measured 25.9 mm. Reported works detailed about some nano particles in the literature [43-47].

Author Statements:

- Ethical approval: The University of Baghdad Ethical Committee approved the project after a series of scientific and administrative procedures.
- **Conflict of interest:** The authors declare that they have no known competing financial interests or personal relationships that could

have appeared to influence the work reported in this paper

- Acknowledgement: The cooperation of the Postgraduate Studies Laboratory, Department of Pharmaceutics, College of Pharmacy, University of Baghdad is appreciated.
- Author contributions: M.T. Al. Musawi proposed the topic of research and guidance and the review and proofreading the research for antimicrobial study. K.K. AL-Kinani suggested the preparation and characterization of nano lipid carriers as the subject of research, guidance, and a review and proofreading of existing research. Y. S. Al. Jubouri prepared the samples and analyzed parameters and writing, as well as the publishing process.
- **Funding information:** The authors declare that there is no funding to be acknowledged.
- **Data availability statement:** The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

References

- [1] Colson AR, Morton A, Ardal C, Chalkidou K, Davies SC, Garrison LP, Jit M, Laxminarayan R, Megiddo I, Morel C, Nonvignon J (2021) Antimicrobial resistance: is health technology assessment part of the solution or part of the problem? Value Health 24(12):1828–1834. https:// doi. org/ 10. 1016/j. jval. 2021. 06. 002
- [2] Catalano A, Iacopetta D, Ceramella J, Scumaci D, Giuzio F, Saturnino C, Aquaro S, Rosano C, Sinicropi MS (2022) Multidrug resistance (MDR): a widespread phenomenon in pharmacological therapies. Molecules 27(3):616. https:// doi. org/ 10. 3390/ molec ules2 70306 16
- Bloom DE, Black S, Salisbury D, Rappuoli R (2018) Antimicrobial resistance and the role of vaccines. Proc Natl Acad Sci USA 115(51):12868–12871. https:// doi. org/ 10. 1073/ pnas. 17171 57115
- [4] Laxminarayan, R., Matsoso, P., Pant, S., Brower, C., Røttingen, J.A., Klugman, K. and Davies, S., (2016). Access to effective antimicrobials: a worldwide challenge. The Lancet, 387(10014),168-175.
- [5] Denissen J, Reyneke B, Waso-Reyneke M, Havenga B, Barnard T, Khan S, Khan W. ((2022)) Prevalence of ESKAPE pathogens in the environment: Antibiotic resistance status, community-acquired infection and risk to human health. *International journal of hygiene and environmental health.* 244:114006.
- [6] Mamun MM, Sorinolu AJ, Munir M, Vejerano EP. (2021) Nanoantibiotics: Functions and properties at the nanoscale to combat antibiotic resistance. *Frontiers in chemistry*. 9:687660.

- [7] Mondal, S.K., Chakraborty, S., Manna, S. and Mandal, S.M., 2024. Antimicrobial nanoparticles: current landscape and future challenges. RSC Pharmaceutics.
- [8] Feng DN, Fang AS, Zhang TY, Ma MZ, Xu ZH, Sun YX, Zhang MT, Shi F. (2021)Green synthesis and characterization of gold nanoparticles and their application for the rapid detection of glycyrrhizin with immunochromatographic strips. *RSC* advances.11(39):23851-9.
- [9] Alsaad, A.A., Hussien, A.A. and Gareeb, M.M., (2020). Solid lipid nanoparticles (SLN) as a novel drug delivery system: A theoretical review. Syst. Rev. Pharm, 11(5);259-273.
- [10] Maciel MV, da Rosa Almeida A, Machado MH, de Melo AP, da Rosa CG, de Freitas DZ, Noronha CM, Teixeira GL, de Armas RD, Barreto PL. (2019) Syzygium aromaticum L.(clove) essential oil as a reducing agent for the green synthesis of silver nanoparticles. *Open Journal of Applied Sciences*. 9(2):45-54.
- [11] Blundell R, Maduelosi BI. The power of cloves: unveiling the health benefits of this aromatic spice.(2024)
- [12] Esmaeili H, Mirjalili MH, Karami A, Nejad Ebrahimi S. (2024) Introducing the glycyrrhizic acid and glabridin rich genotypes from the cultivated Iranian licorice (Glycyrrhiza glabra L.) populations to exploit in production systems. *Scientific Reports*. May 14;14(1):11034
- [13] Shafira KF, Azad AK, Labu ZK, Helal Uddin A. (2020)Extraction and quantification of Eugenol from Clove buds using HPLC. *Current Chromatography*. 7(1):17-23.
- [14] Kanwal A, Irshad S, Akmal N, Rizwi NB. (2022) Identification and Characterization of Active Ingredient Eugenol from Syzygium Aromaticum (Clove Oil) through HPLC and its Phytochemical Analysis. *Journal of Bioresource Management*. 9(1):3.
- [15] Saran S, Menon S, Shailajan S, Pokharna P. (2013) Validated RP-HPLC method to estimate eugenol from commercial formulations like Caturjata Churna, Lavangadi Vati, Jatiphaladi Churna, Sitopaladi Churna and clove oil. *Journal of Pharmacy Research.* 6(1):53-60.
- [16] Esmaeili H, Karami A, Hadian J, Saharkhiz MJ, Ebrahimi SN. (2019) Variation in the phytochemical contents and antioxidant activity of Glycyrrhiza glabra populations collected in Iran. *Industrial Crops and Products*. 137:248-59
- [17] Jang S, Lee AY, Lee AR, Choi G, Kim HK. (2017). Optimization of ultrasound-assisted extraction of glycyrrhizic acid from licorice using response surface methodology. *Integrative medicine research*. 6(4):388-94.
- [18] Azar FA, Pezeshki A, Ghanbarzadeh B, Hamishehkar H, Mohammadi M, Hamdipour S, Daliri H. (2021) Pectin-sodium caseinat hydrogel containing olive leaf extract-nano lipid carrier: *Preparation, characterization and rheological properties*. LWT. 148:111757.

- [19] Jaafer H, Al-Kinani KK. (2024) Formulation and Evaluation of Idebenone Microemulsion as a Potential Approach for the Transmucosal Drug Delivery Systems. *Iraqi Journal of Pharmaceutical Sciences* 33(1):79-88
- [20] Changediya V v, Jani R, Kakde P. (2019) A Review on nanoemulsions: A recent drug delivery tool. *J of Drug Del and Ther*. 9(5):185–91.
- [21] Klang V, Matsko NB, Valenta C, Hofer F. (2012) Electron microscopy of nanoemulsions: An essential tool for characterisation and stability assessment. *Micron.* 43(2-3):85-103.
- [22] Al.Joubori YS, Al-Musawi M., Al-Kinani KK., Isolation And Identification Of Oral Bacteria From Iraqi Patients With Oral Infection And Determining *The Resistance Of Pathogenic Isolates To Antibiotic*.2024.
- [23] Franklyne JS, Andrew Ebenazer L, Mukherjee A, Natarajan C. Cinnamon and clove oil nanoemulsions: novel therapeutic options against vancomycin intermediate susceptible Staphylococcus aureus. Applied Nanoscience. 9:1405-15.
- [24] Brovchenko BV, Ermakova VA, Bokov DO, Samylina IA, Demina NB, Chernova SV. (2020) Validation of an HPLC-UV procedure for determining the glycyrrhizic acid content in licorice roots. *Pharmaceutical Chemistry Journal*. 53:1168-73.
- [25] Kurkin V.A., Ryazanova T.K., Egorov M.V., Belova O.A. (2021) Quantitative determination of the biologically active compounds of licorice (Glycyrrhiza) roots. *Farmatsiya*, 70 (7): 24–31. https://doi.org/10/29296/25419218-2021-07-04
- [26] Keivani Nahr, F., Ghanbarzadeh, B., Hamishehkar, H., & Kafil, H. S. (2018). Food grade nanostructured lipid carrier for cardamom essential oil: Preparation, characterization and antimicrobial activity. *Journal of functional foods*, 40, 1–8. https://doi.org/10.1016/j.jff.2017.09.028
- [27] Ni, S., Sun, R., Zhao, G., & Xia, Q. (2015). Quercetin loaded nanostructured lipid carrier for food fortification: Preparation, characterization and in vitro study. *Journal of Food Process Engineering*, 38(1), 93–106. https://doi.org/10.1111/jfpe.12130
- [28] Fathi, M., Varshosaz, J., Mohebbi, M., & Shahidi, F. (2013). Hesperetin-loaded solid lipid nanoparticles and nanostructure lipid carriers for food fortification: Preparation, characterization, and modeling. *Food and Bioprocess Technology*, 6(6), 1464–1475. https://doi.org/10.1007/s11947-012-0845-2
- [29] Manea, A. M., Vasile, B. S., & Meghea, A. (2014). Antioxidant and antimicrobial activities of green tea extract loaded into nanostructured lipid carriers. *Comptes Rendus Chimie*, 17(4), 331–341. https://doi.org/10.1016/j.crci.2013.07.015
- [30] Bai J, Li J, Chen Z, Bai X, Yang Z, Wang Z, Yang Y. (2023)Antibacterial activity and mechanism of clove essential oil against foodborne pathogens. *Lwt.* 173:114249.

- [31] Nejad SM, Özgüneş H, Başaran N. (2017) Pharmacological and toxicological properties of eugenol. *Turkish journal of pharmaceutical sciences*. 14(2):201.
- [32] Sawatphakdee G, Yostawonkul J, Oontawee S, Rodprasert W, Sawangmake C, Kornsuthisopon C, Yata T, Tabtieang SP, Nowwarote N, Pirarat N. (2024) Feasibility of Nanostructured Lipid Carrier Loaded with Alpha-Mangostin and Clove Oil for Canine Periodontal Therapy. *Animals*. 14(14):2084.
- [33] Aldabaan NA, Turakani B, Mahnashi MH, Shaikh IA, Alhazmi AY, Almasoudi HH, Abdulaziz O, Khuwaja G, Khan AA, Basavegowda N, Dafalla SE. (2024) Evaluation of antimicrobial, anticancer, antidiabetic, antioxidant activities and silver nanoparticles synthesized from Indian Clove-Syzygium aromaticum leaf extract. *Journal of King Saud University-Science*. 36(4):103142.
- [34] Parlinska-Wojtan M, Depciuch J, Fryc B, Kus-Liskiewicz M. (2018) Green synthesis and antibacterial effects of aqueous colloidal solutions of silver nanoparticles using clove eugenol. *Applied Organometallic Chemistry*. 32(4):e4276.
- [35] da Silva FF, Monte FJ, de Lemos TL, Do Nascimento PG, de Medeiros Costa AK, de Paiva LM. (2018) Eugenol derivatives: synthesis, characterization, and evaluation of antibacterial and antioxidant activities. *Chemistry Central Journal*. 12:1-9.
- [36] Ribeiro-Santos R, Andrade M, de Melo NR, dos Santos FR, de Araújo Neves I, de Carvalho MG, Sanches-Silva A. (2017) Biological activities and major components determination in essential oils intended for a biodegradable food packaging. *Industrial crops and products*. 97:201-10.
- [37] Rodino S, Butu A, Butu M, Cornea PC. (2015) Comparative studies on antibacterial activity of licorice, elderberry and dandelion. Digest Journal of *Nanomaterials and Biostructures*. 10(3):947-55.
- [38] Long DR, Mead J, Hendricks JM, Hardy ME, Voyich JM. (2013) 18β-Glycyrrhetinic acid inhibits methicillin-resistant Staphylococcus aureus survival and attenuates virulence gene expression. *Antimicrobial agents and chemotherapy*. 57(1):241-7.
- [39] Yoshida T, Yoshida S, Kobayashi M, Herndon DN, Suzuki F. (2010) Pivotal advance: glycyrrhizin restores the impaired production of β -defensins in tissues surrounding the burn area and improves the resistance of burn mice to Pseudomonas aeruginosa wound infection. *Journal of leukocyte biology*. 87(1):35-41.
- [40] Nascimento MH, de Araújo DR. (2024) Exploring the pharmacological potential of glycyrrhizic acid: From therapeutic applications to trends in nanomedicine. *Future Pharmacology*. 2022 Jan 4;2(1):1-5.
- [41] Rijo P, Abuamara TM, Ali Lashin LS, Kamar SA, Isca VM, Mohammed TS, Abdrabo MS, Amin MA, Abd El Maksoud AI, Hassan A. (2024) Glycyrrhizic Acid Nanoparticles Subside the Activity of Methicillin-Resistant Staphylococcus

aureus by Suppressing PBP2a. *Pharmaceuticals*. 17(5):589.

- [42] Karimi, N., Ghanbarzadeh, B., Hamishehkar, H., Mehramuz, B., & Kafil, H. S. (2018). Antioxidant, antimicrobial and physicochemical properties of turmeric extract-loaded nanostructured lipid carrier (NLC). *Colloid and Interface Science Communications*, 22, 18–24. https://doi.org/10.1016/j.colcom.2017.11.006
- [43] P, G., Chidambara Kumar KN, Munikrishnaiah A, Chandraiah Tanguturu, & Indhu Priya M. (2024). Synthesis and Characterization of Zirconia-Based Ceramics: A Comprehensive Exploration of Film Formation and Mixed Metal Oxide Nanoparticle Synthesis. *International Journal of Computational and Experimental Science and Engineering*, 10(4). <u>https://doi.org/10.22399/ijcesen.532</u>
- [44] Hussein Kamil Mohammed, Zaid A. Hasan, & Khalid Al-Ammar. (2025). Improving the Structural and Morphological Characteristic of Carboxymethyl cellulose (CMC) Via Additive ZnSe Nanoparticle. International Journal of Computational and Experimental Science and Engineering, 11(1). https://doi.org/10.22399/ijcesen.1041
- [45] Waheed, F., Mohamed Abdulhusein Mohsin Al-Sudani, & Iskender Akkurt. (2025). The Experimental Enhancing of the Radiation Shield Properties of Some Produced Compounds. *International Journal of Applied Sciences and Radiation Research*, 2(1). https://doi.org/10.22399/ijasrar.1
- [46] Ali Emad Nief, & A. R. Abdulridha. (2025). Improvement of the Structural and Electrical Properties of PVA through the Addition of Bi₂O₃ and SiO₂ Nanoparticles for Electronic Devices. *International Journal of Computational and Experimental Science and Engineering*, 11(1). <u>https://doi.org/10.22399/ijcesen.1042</u>
- [47] García, R., Carlos Garzon, & Juan Estrella. (2025). Generative Artificial Intelligence to Optimize Lifting Lugs: Weight Reduction and Sustainability in AISI 304 Steel. *International Journal of Applied Sciences and Radiation Research*, 2(1). https://doi.org/10.22399/ijasrar.22